

Community Rehabilitation and Treatment (CRT) Supplemental Referral

Adults who are eligible for Community Rehabilitation and Treatment (CRT) are defined as Individuals 18 or over with schizophrenia, other psychotic disorders and seriously debilitating mood disorders who meet each of the following three criteria.

1. A person must have one of the following qualifying diagnoses meeting DSM-V criteria:

- Schizophrenia
- Schizophreniform disorder
- Schizoaffective disorder
- Delusional disorder
- Unspecified schizophrenia spectrum and other psychotic disorders
- Major depressive disorder
- Bipolar I disorder
- Bipolar II disorder, and other specified bipolar and related disorders
- Panic disorder
- Agoraphobia
- Obsessive-compulsive disorder, including hoarding disorder, other specified obsessive compulsive and related disorders, and unspecified obsessive-compulsive and related disorders.
- Borderline personality disorder.

2. Treatment History, including at least one of the following:

Treatment history must include one of the following related to severe and persistent mental illness.

- Continuous inpatient psychiatric treatment with a duration of at least sixty days
- Three or more episodes of inpatient psychiatric treatment and/or community-based hospital diversionary program (e.g. crisis bed program) during the last twelve months.
- Six months of continuous residence or three or more episodes of residence in one or more of the following during the last twelve months: residential program, community care home, or living situation with paid person providing primary supervision and care
- Participation in a mental health program or treatment modality for a six-month period during the last twelve months with no evidence of improvement
- The individual is on a court Order of Non-Hospitalization

3. Documentation of severe functional impairment in social, occupational or self-care skills as a result of the eligible mental health disorder. A functional impairment needs to be related to the qualifying diagnosis. This is demonstrated by a GAF score of 50 or below and evidence of two of the following during the last twelve months with a duration of at least six months.

- Receives public financial assistance because of a mental illness
- Displays maladaptive, dangerous, and impulsive behaviors
- Lacks supportive social systems in the community
- Requires assistance in basic life and survival skills.

*Please note: evaluation by a skilled clinician in eligibility determination is required to move forward.